

# How to investigate soft matter using Variable Field NMR Relaxometry

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## My ties to the University of Bari:

(i) The last-in-the-World 80 MHz Tesla instrument I have serviced for a decade (now being decommissioned) ⇒



(ii) One of two research-grade greenhouses my late father-in-law build in the 70's  
⇐ (still in use!).

# What is Relaxometry ?

Many systems, left alone, evolve towards a steady state.

They often exhibit fast, periodic (orbital) evolution features and, superposed, much slower a-periodic (secular) evolution patterns.

Alternatively, some systems exhibit only a monotonous a-periodic «settling» of some of their parameters.

All such **slow, a-periodic** components of a **spontaneous** evolution of a physical system can be referred to as **relaxation phenomena**.

Since relaxation leads to a steady state, to repeat a relaxation phenomenon, one must jolt the studied system out of its equilibrium.

In general,  
**relaxometry is the art of studying relaxation phenomena.**

# How many types of relaxometry there are?

Simple answers: as many as ...

- the types of systems of interest (application-based classification)
- the interactions which cause them (phenomenological classification)
- the methods to follow them (metrological classification)

## Examples

- **Astronomical** (hundreds of relaxation phenomena in solar system alone)
- Mechanical, electric, optical, ultrasound, ... relaxometric techniques pertinent to various **molecular relaxation phenomena**, among which
- **NMR relaxometry**, concerned with the evolution of molecular nuclear magnetization, generally in an uniaxial (axial) magnetic field.

# General theory of Relaxation Phenomena (a glimpse)

Quantum version:

Terms:

- $H$  ... Hamiltonian with its
- $H_0$  ... time-averaged part and
- $S(t)$  ... its stochastic part.
- $C(\tau)$  ... **Correlation function**
- $J(H_0)$  ... **Spectral density**

**C's and J's are quadratic in the involved interactions!**

Given a stochastic [spin] Hamiltonian

$$H = H_0 + S(t), \quad \langle S(t) \rangle = 0,$$

under certain conditions (secular vs stochastic time scales) one obtains a secular equation for the density matrix

$$\frac{d}{dt} \sigma(t) = -\frac{1}{2} J(H_0) \{ \sigma(t) - \sigma_0 \}$$

where

$$J(H_0) = \int_{-\infty}^{\infty} d\tau C(\tau) = \int_{-\infty}^{\infty} \langle S^*(0) S^*(\tau) \rangle d\tau$$

and

$$S^*(0) = S(0) \quad S^*(\tau) = e^{iH_0\tau} S(\tau) e^{-iH_0\tau}$$

with the italics denoting commutation super-operators

*Note: In terms of the Lagrange-Hamiltonian approach, the classical version of relaxation theory is much the same. Classical and quantum approaches to relaxation are actually very similar.*

# So, what is, specifically, NMR Relaxometry?

Simple answer: just replace *Hamiltonian* with Spin Hamiltonian

$$\mathbf{H} = \mathbf{H}_Z + \mathbf{H}_{SR} + \mathbf{H}_C + \mathbf{H}_{DD} + \mathbf{H}_{DE} + \mathbf{H}_F + \mathbf{H}_J + \mathbf{H}_Q$$

$\mathbf{H}_Z = -\hbar\gamma_i \mathbf{B} \cdot \mathbf{I}_i,$	Zeeman term
$\mathbf{H}_{SR} = \mathbf{M} \cdot \mathbf{R}_i \cdot \mathbf{I}_i,$	Spin-rotation term
$\mathbf{H}_C = \mathbf{B} \cdot \mathbf{C}_i \cdot \mathbf{I}_i,$	Chemical shifts (screening) term
$\mathbf{H}_{DD} = \mathbf{I}_i \cdot \mathbf{D}_{ij} \cdot \mathbf{I}_j,$	Direct dipole-dipole interactions term
$\mathbf{H}_{DE} = \mathbf{I}_i \cdot \mathbf{E}_{ij} \cdot \mathbf{S}_v,$	Dtto between nuclei and free electrons
$\mathbf{H}_F = \mathbf{I}_i \cdot \mathbf{A}_{iv} \cdot \mathbf{S}_v,$	Hyperfine couplings term (with free electrons)
$\mathbf{H}_J = \mathbf{I}_i \cdot \mathbf{J}_{ij} \cdot \mathbf{I}_j,$	Indirect couplings term
$\mathbf{H}_Q = \mathbf{I}_i \cdot \mathbf{Q}_i \cdot \mathbf{I}_i,$	Quadrupole interactions term

# The intrinsic nature of relaxation mechanisms

In general, being quadratic in spin-interactions, **every relaxation term combines two spin-interaction terms and two molecular dynamics modes which activate it.**

The terms in which there is a coincidence between the two spin-interaction terms, as well as between the dynamics modes, are **the principle relaxation channels.**

Principle relaxation channels tend to dominate the relaxation phenomena, while the remaining **cross-relaxation pathways** are often quantitatively negligible.

Example:

In proton MRR of many diamagnetic systems the dominant relaxation channel uses direct dipole-dipole interaction, activated by molecular reorientation.

## **Molecular dynamics models: huge complexity**

- Ever-growing, amazing number of [equally amazing] models
- Sub-molecular, molecular, oligo-molecular, and collective motions
- Huge range of correlation times (from 1 Hz to tens of GHz)
- Observable by many methods which should be compared

### **Molecular motions are harder to describe than spin interactions:**

They are the “weak link” of MR Relaxometry **Theory** but also ...  
... the principal goal of MR Relaxometry **Practice**

# Wrapping it up

## Interactions:

- DD Dipole-dipole interaction between nuclei
- DE Nucleus-electron dipole-dipole interaction
- CE Nucleus-electron contact interaction (the Fermi term)
- NQ Nuclear quadrupole interaction with local electric field gradients
- SR Spin rotation interaction
- CSA Chemical shift anisotropy (part of CS)
- CS Chemical shift (isotropic part) when not constant (exchange)
- JA J coupling anisotropy (part of J)
- J Scalar part of J coupling when not constant (exchange)
- etc. including interactions with SPIO's and other "exotica"

X

## Motions:

- Rot Rotational diffusion (global, unconstrained)
- IRot Internal rotations (partial, tunnelling, kinks, you name it ...)
- Rept Reptations
- Libr Librations
- Vibr Vibrations with angular components (bending motions)
- Trans Translations (free or constrained)
- Crawl on surfaces, like Kimmich's caterpillars
- Hits Collisions (like against pore walls)
- Jump across barriers, between hydration shells, and the like
- Coll Collective motions (like in liquid crystals)
- etc. like Halle's flickering aqueducts in proteins, ...

X

# The Grid of MRR Formulas

Interactions versus types of motions:

	Rot	IRot	Rept	Libr	Vibr	Trans	...
DD	BPP	$F_{1b}$	$F_{1c}$	$F_{1d}$	$F_{1e}$	$F_{1f}$	...
DE	$F_{2a}$	$F_{2b}$	$F_{2c}$	$F_{2d}$	$F_{2e}$	$F_{2f}$	...
CE	$F_{3a}$	$F_{3b}$	$F_{3c}$	$F_{3d}$	$F_{3e}$	$F_{3f}$	...
NQ	$F_{4a}$	$F_{4b}$	$F_{4c}$	$F_{4d}$	$F_{4e}$	$F_{4f}$	...
SR	$F_{5a}$	$F_{5b}$	$F_{5c}$	$F_{5d}$	$F_{5e}$	$F_{5f}$	...
CSA	$F_{6a}$	$F_{6b}$	$F_{6c}$	$F_{6d}$	$F_{6e}$	$F_{6f}$	...
...	...	...	...	...	...	...	...

**In each cell there is a formula!**

Only the principle channels need over 100 of them.

The total count would exceed 1000!

# The BPP formula

Combines **dipole-dipole interaction** with **molecular reorientations**

$$R_1 \equiv \frac{1}{T_1} = \frac{\hbar^2 \gamma^4}{5d^6} I(I+1) P_1(\tau, \omega),$$

$$R_2 \equiv \frac{1}{T_2} = \frac{\hbar^2 \gamma^4}{11d^6} I(I+1) P_2(\tau, \omega)$$

$$P_1(\tau, \omega) = J(\tau, \omega) + 4J(\tau, 2\omega),$$

$$P_2(\tau, \omega) = 6J(\tau, 0) + J(\tau, \omega) + 4J(\tau, 2\omega)$$

$$J(\tau, \omega) = \frac{2\tau}{1 + (\omega\tau)^2}$$

This is only one of the most important relaxation channels!

But it does have a central position among all NMR relaxation formulas  
(it's the **mother of all relaxation formulas**)

Bloembergen N., Purcell E.M., Pound R.V.,  
*Relaxation Effects in Nuclear Magnetic Resonance Absorption*,  
Phys.Rev. **73**, 679-712 (1948). DOI: [10.1103/PhysRev.73.679](https://doi.org/10.1103/PhysRev.73.679)  
This could be considered as the first **NMR review**.

## A very practical note

$$R_1 \equiv \frac{1}{T_1} = \frac{\hbar^2 \gamma^4}{5d^6} I(I+1) P_1(\tau, \omega),$$

$$P_1(\tau, \omega) = J(\tau, \omega) + 4J(\tau, 2\omega),$$

$$J(\tau, \omega) = \frac{2\tau}{1 + (\omega\tau)^2}$$

$$R_2 \equiv \frac{1}{T_2} = \frac{\hbar^2 \gamma^4}{11d^6} I(I+1) P_2(\tau, \omega)$$

$$P_2(\tau, \omega) = 6J(\tau, 0) + J(\tau, \omega) + 4J(\tau, 2\omega)$$

Always use relaxation rates, not relaxation times!

Contributions to relaxation rates are **nicely additive** across different spin-interactions and different molecular motions.

**The use of relaxation times is to be abhorred!**

# The Mother of All Questions:

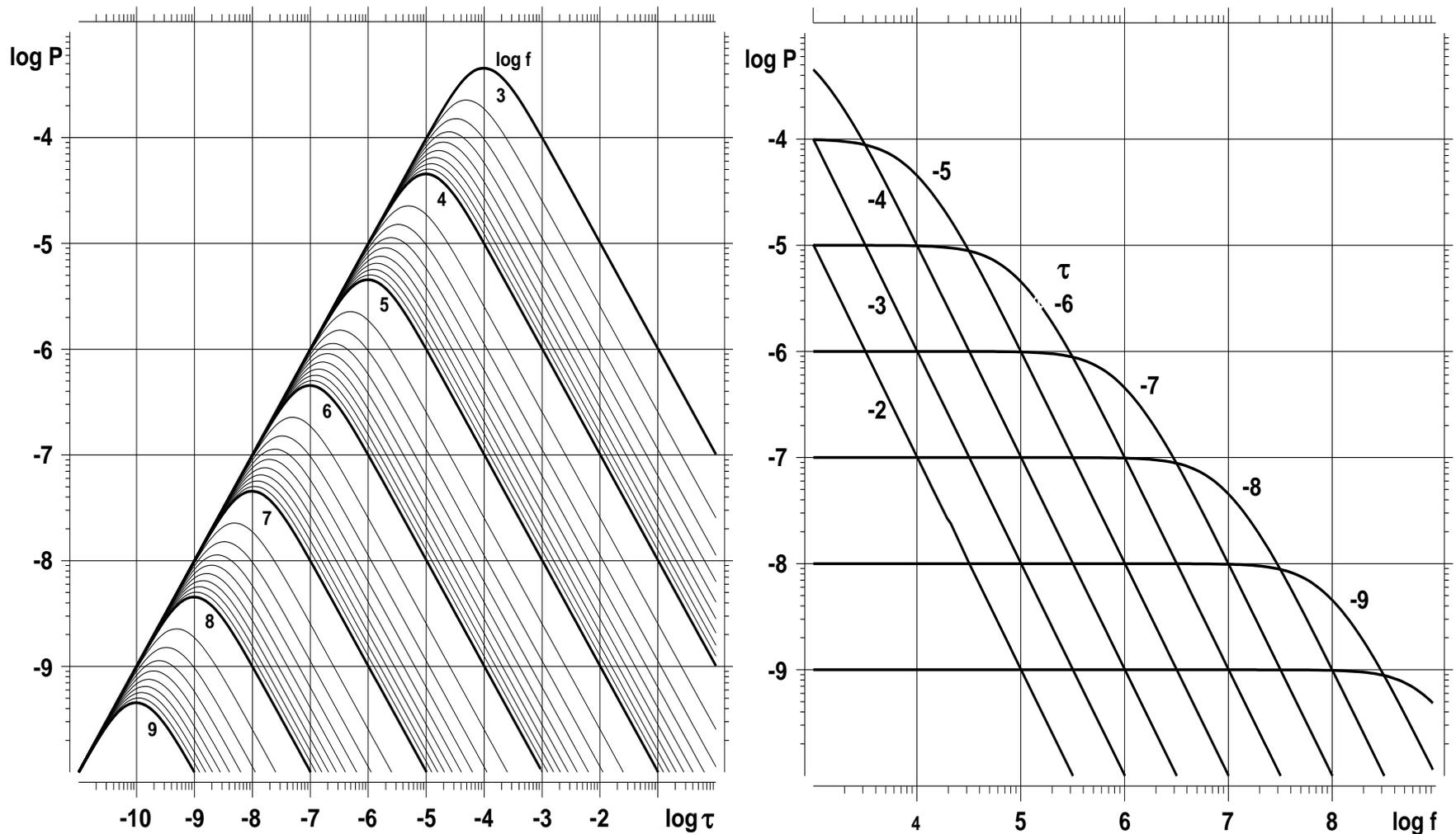
After all this complex and messy theory, do you really think that NMR Relaxometry can be ever good for something ?<sup>∞</sup>

Answer: YES, ...

- 1) Because the theory nevertheless provides a general guidance
- 2) Because the BPP formula is fairly representative of all of them
- 3) Because qualitatively different cases also form uniform families
- 4) Because of the known excellent additivity of relaxation rates
- 5) Because even without theory, the relaxation rate curves still have an intrinsic value as metrological material characteristics.

The first four points actually enable the possibility of extensive educated-guess, semi-empirical “tinkering”

# BPP: graphical representations



## Another very practical note

Put any VF relaxation plots on a  $\log(R)$  versus  $\log(f)$  scale.

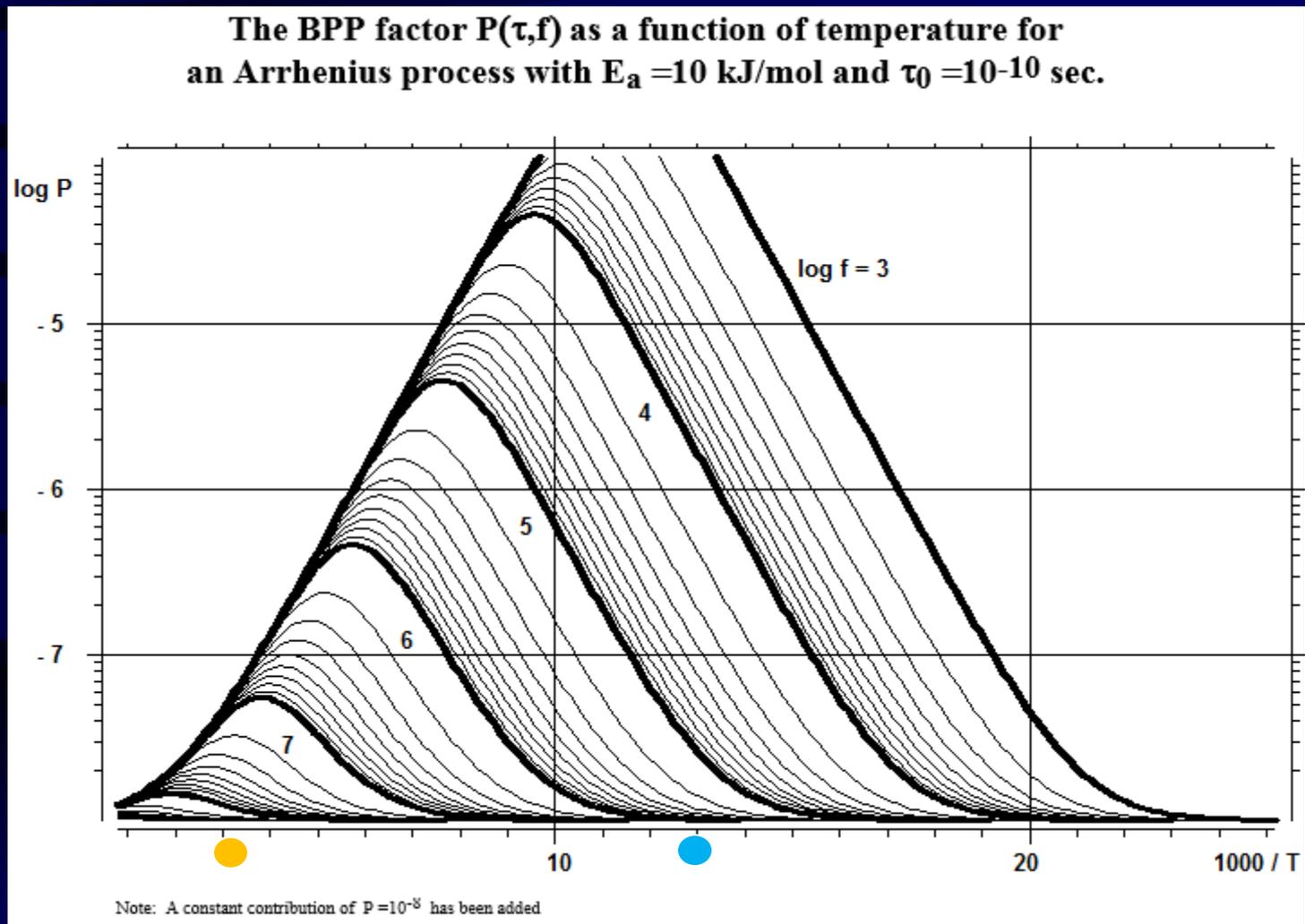
For a number of theoretical as well as practical reasons, that is the only representation that really makes sense.

# A few simulations based on BPP

The few slides that follow indicate an approach to simulating NMR  $R_1$  relaxation-dispersion profiles (NMRD profiles).

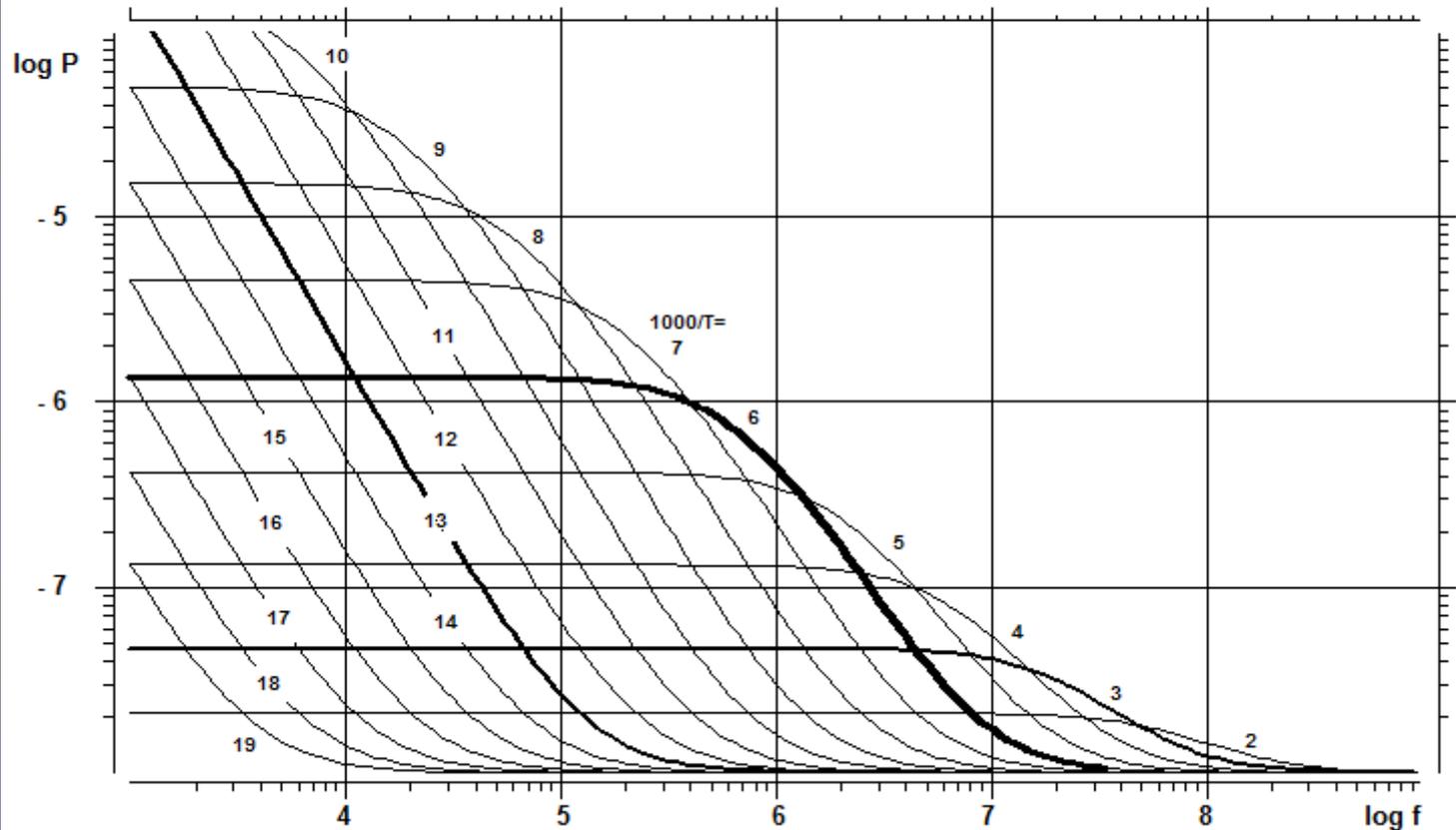
Though based on BPP formula, this kind of semi-empirical approach is eminently suitable for quantitative investigations.

# A simulated case of Variable Temperature MRR



# A corresponding Variable Field MRR approach

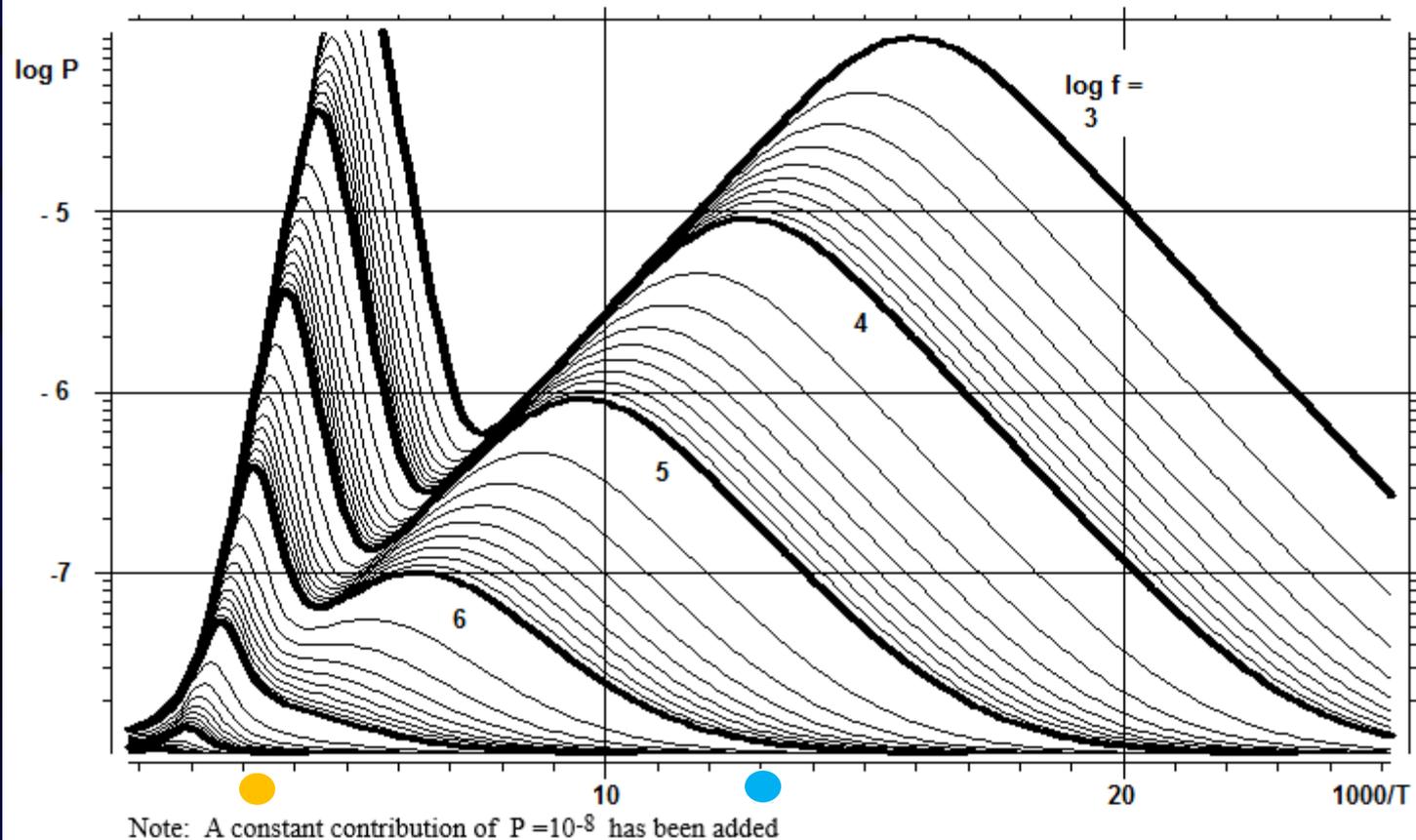
The BPP factor  $P(\tau, f)$  as a function of temperature for an Arrhenius process with  $E_a = 10$  kJ/mol and  $\tau_0 = 10^{-10}$  sec.



Note: A constant contribution of  $P = 10^{-8}$  has been added

# A more complex case: VT MRR

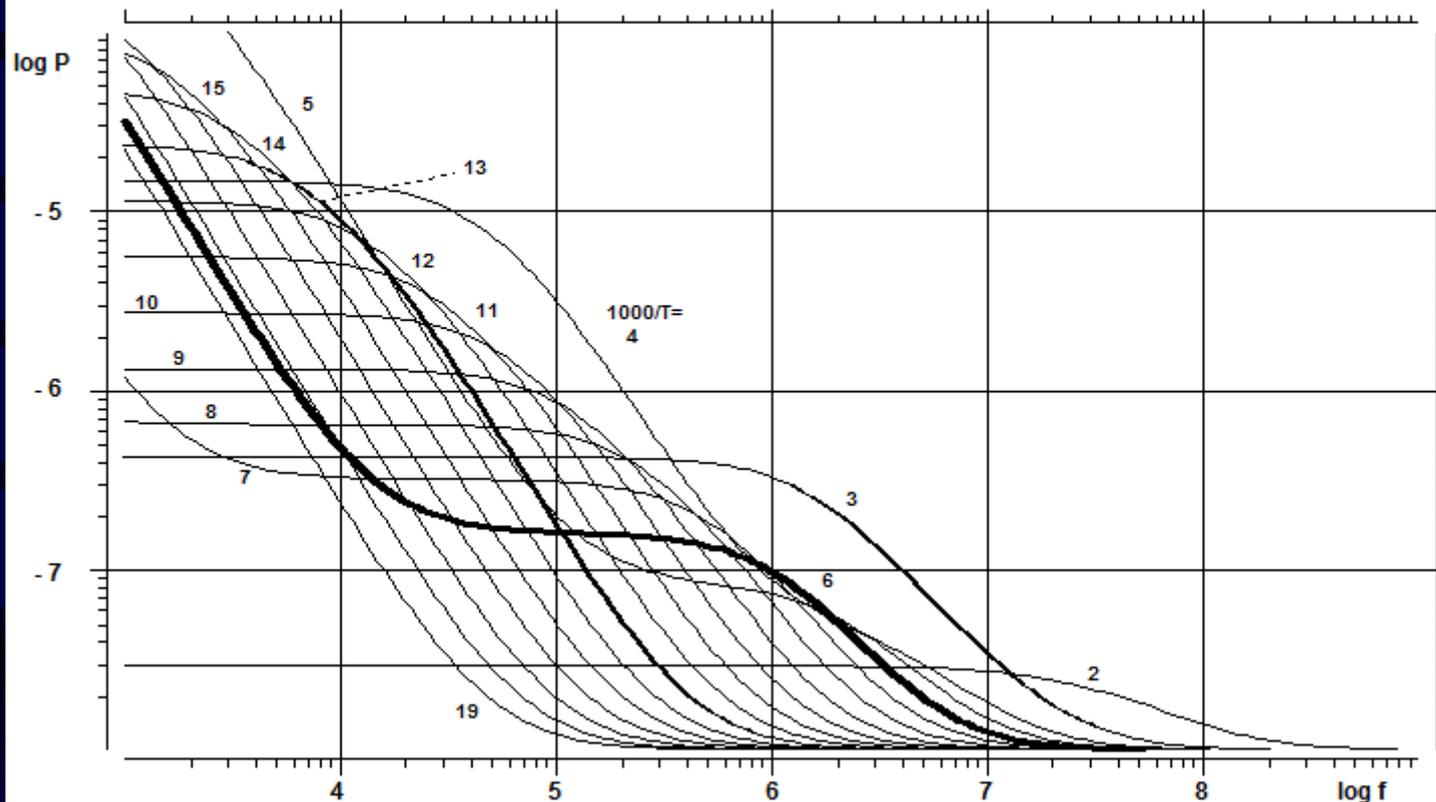
The BPP factor  $P(\tau, f)$  as a function of temperature for two Arrhenius processes with  $E_a = 6$  kJ/mol,  $\tau_0 = 10^{-9}$  sec and  $E_a' = 30$  kJ/mol,  $\tau_0' = 10^{-12}$  sec and relative weights 0.2 and 0.8, respectively.



Fixed-frequency VT measurements cover just a small piece of a single curve

# The same case in VF MRR format

The BPP factor  $P(\tau, f)$  as a function of temperature for two Arrhenius processes with  $E_a = 6$  kJ/mol,  $\tau_0 = 10^{-9}$  sec and  $E_a' = 30$  kJ/mol,  $\tau_0' = 10^{-12}$  sec and relative weights 0.2 and 0.8, respectively.

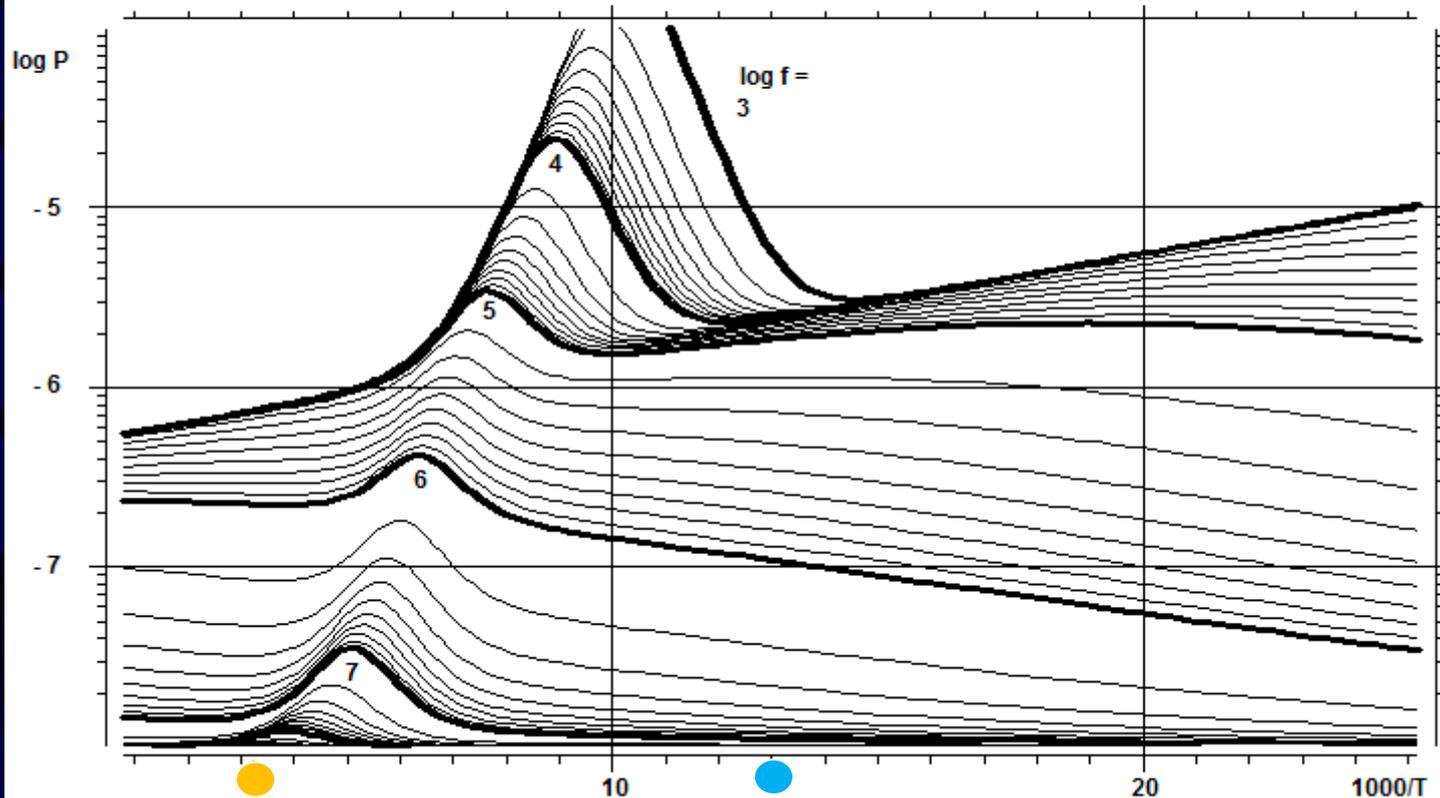


Note: A constant contribution of  $P = 10^{-8}$  has been added

Variable-field measurements cover a full cut through the 2D  $R_1(\tau, f)$  surface

# Another kind of situation: VT MRR

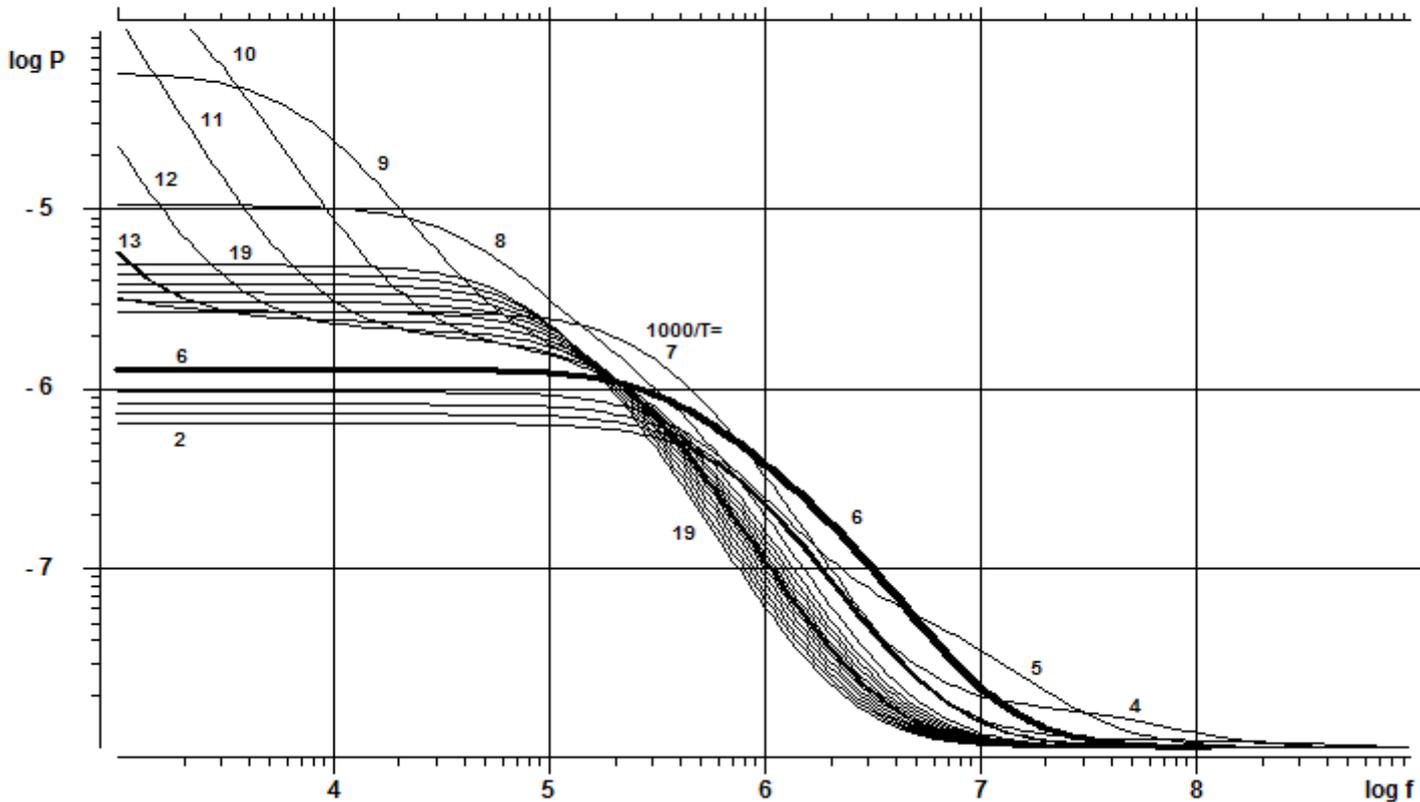
The BPP factor  $P(\tau, f)$  as a function of temperature for two Arrhenius processes with  $E_a = 1$  kJ/mol,  $\tau_0 = 10^{-7}$  sec and  $E_a' = 15$  kJ/mol,  $\tau_0' = 10^{-12}$  sec and equal relative weights.



Note: A constant "other sources" contribution of  $P=10^{-8}$  has been added

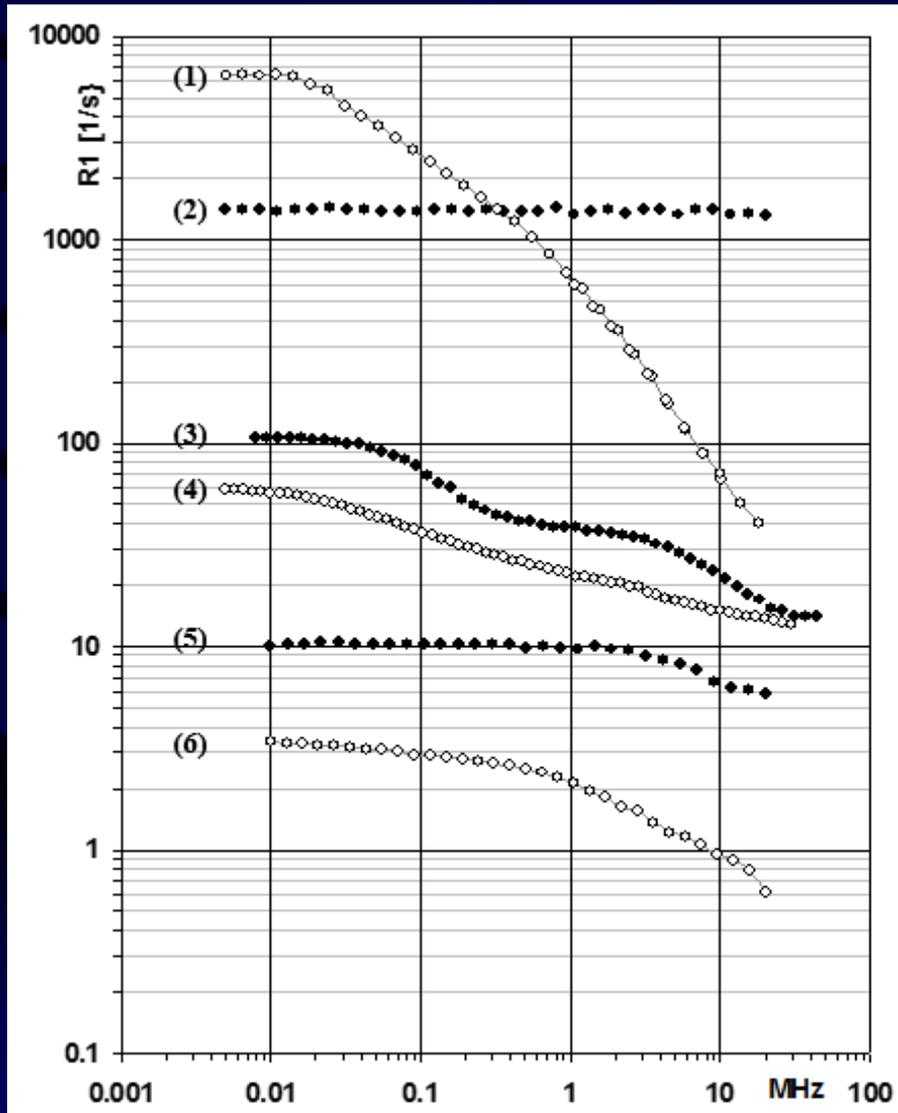
# Another kind of situation: VF MRR

The BPP factor  $P(\tau, f)$  as a function of temperature for two Arrhenius processes with  $E_a = 1$  kJ/mol,  $\tau_0 = 10^{-7}$  sec and  $E_a' = 15$  kJ/mol,  $\tau_0' = 10^{-12}$  sec and equal relative weights.



Note: A constant contribution of  $P = 10^{-8}$  has been added

# A few NMRD profiles ...

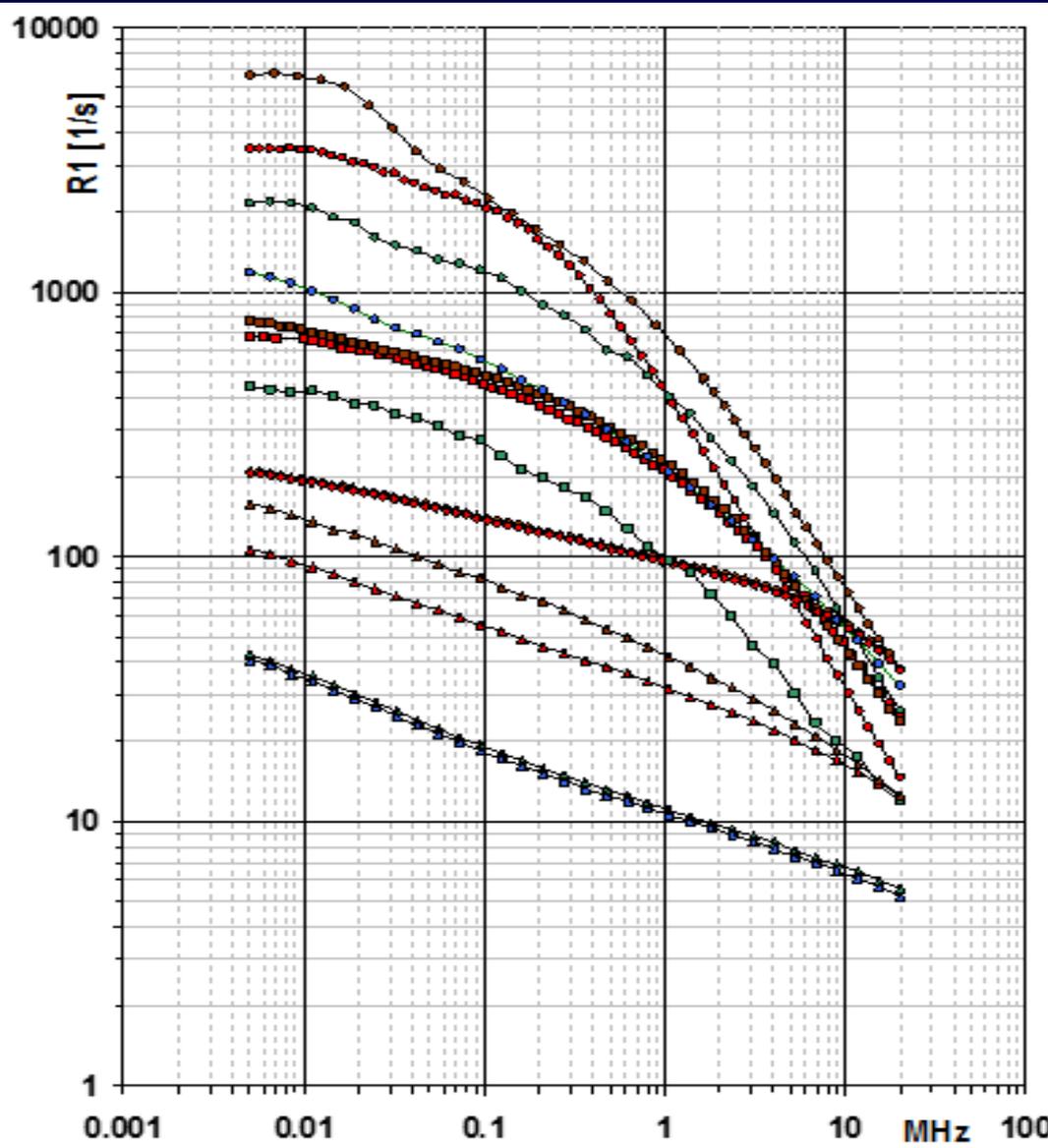


- (1) Parafilm M
- (2) 2.1M  $Dy(ClO_4)_3$  in  $H_2O$
- (3) 2mM  $MnCl_2$  in  $H_2O$
- (4) Egg yolk
- (5) 10 mM  $Gd^{3+}$  in  $D_2O$
- (6) Egg albumen

Notice the enormous range of relaxation rates across a broad range of Larmor frequencies.

Ferrante G., Sykora S.,  
**Technical Aspects of Fast Field  
Cycling** in *Advances in Inorganic  
Chemistry*, Editors van Eldik R.,  
Bertini I., Elsevier 2005, Vol.57

# NMRD profiles of some elastomers



Listed from top down at 0.01 MHz:

Circles:

Brown: Isobutylene-isoprene

Red: Styrene-butadiene, anionic

Green: Polychloroprene cis

Blue: Ethylene-propylene rubber

Squares:

Brown: Styrene-butadiene

Red: Styrene-butadiene, radical

Green: Polyisoprene trans

Diamonds:

Brown: Polyisoprene 97%

Red: Natural rubber

Triangles:

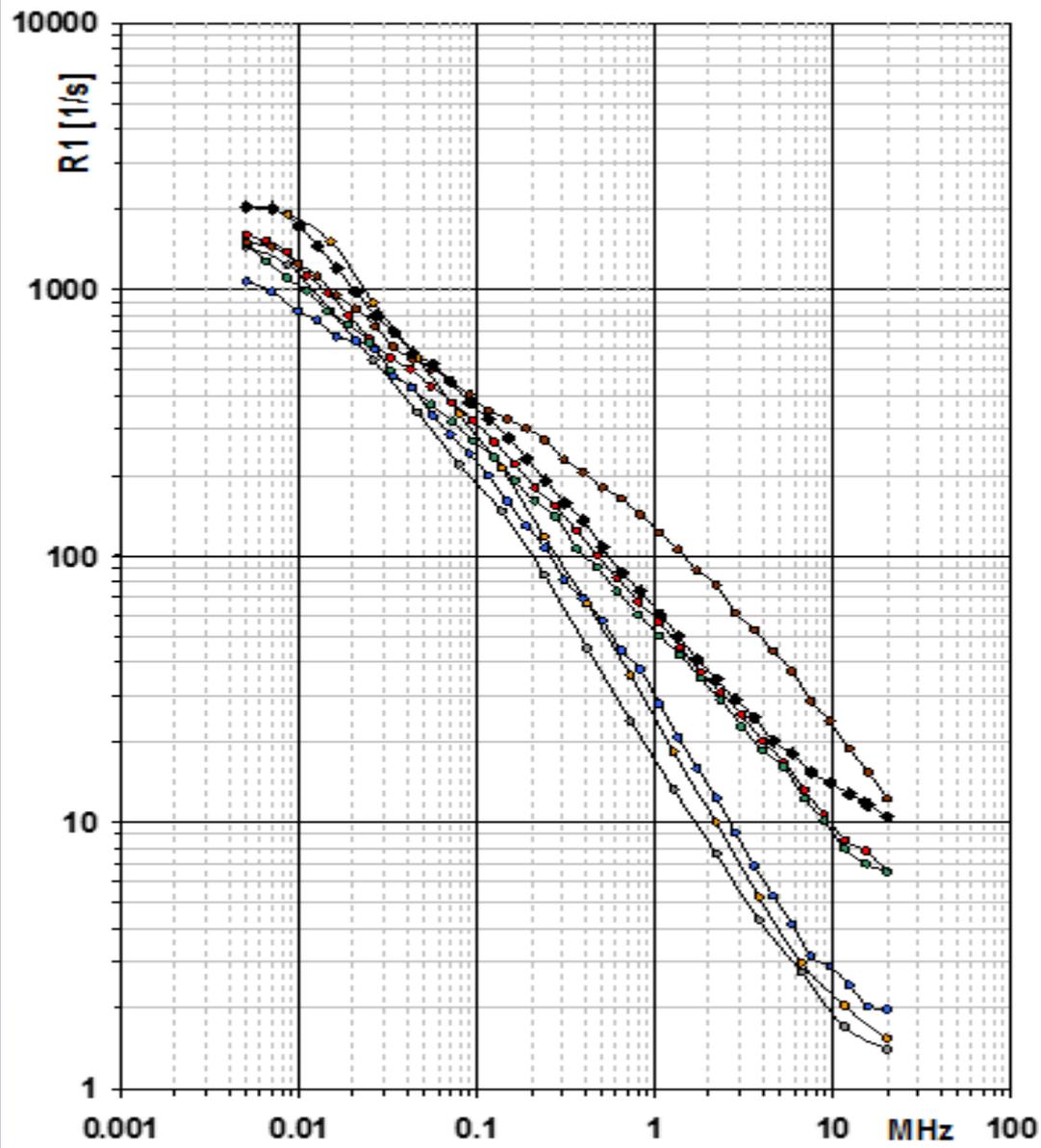
Brown: SBS rubber

Red: Polybutadiene cis/trans

Green: Polybutadiene 97%

Blue: Polybutadiene 97.5%

# NMRD profiles of some polystyrenes & polycarbonate

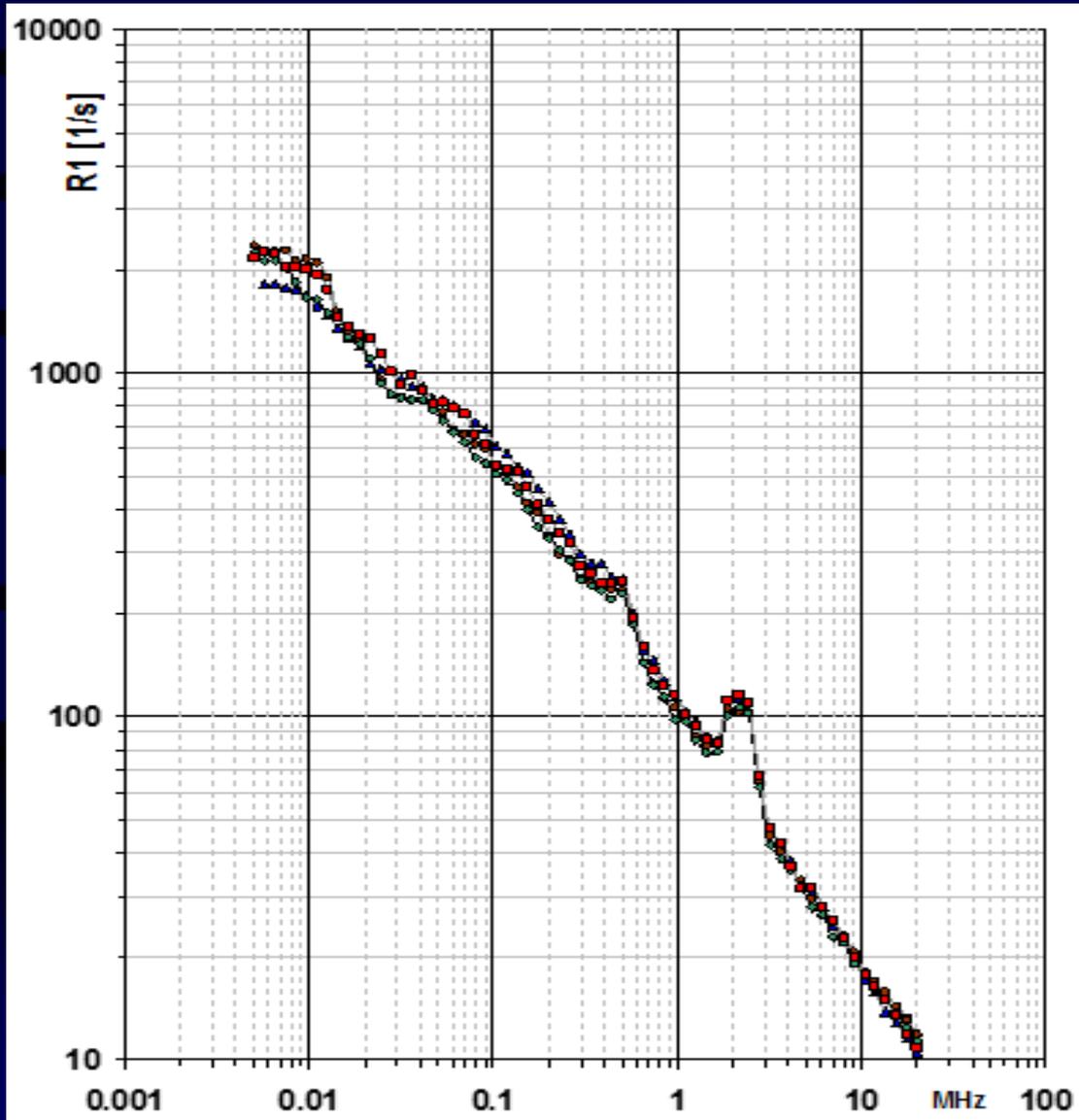


Circles (styrenes)  
from top down at 20 MHz:

Brown: Poly- $\alpha$ -methyl-styrene  
Red: Styrene-butadiene copolymer I  
Green: Styrene-butadiene copolymer II  
Blue: HIPS (I) antishock polystyrene  
Orange: Styrene homopolymer  
Gray: Styrene-acrylonitrile (SAN)

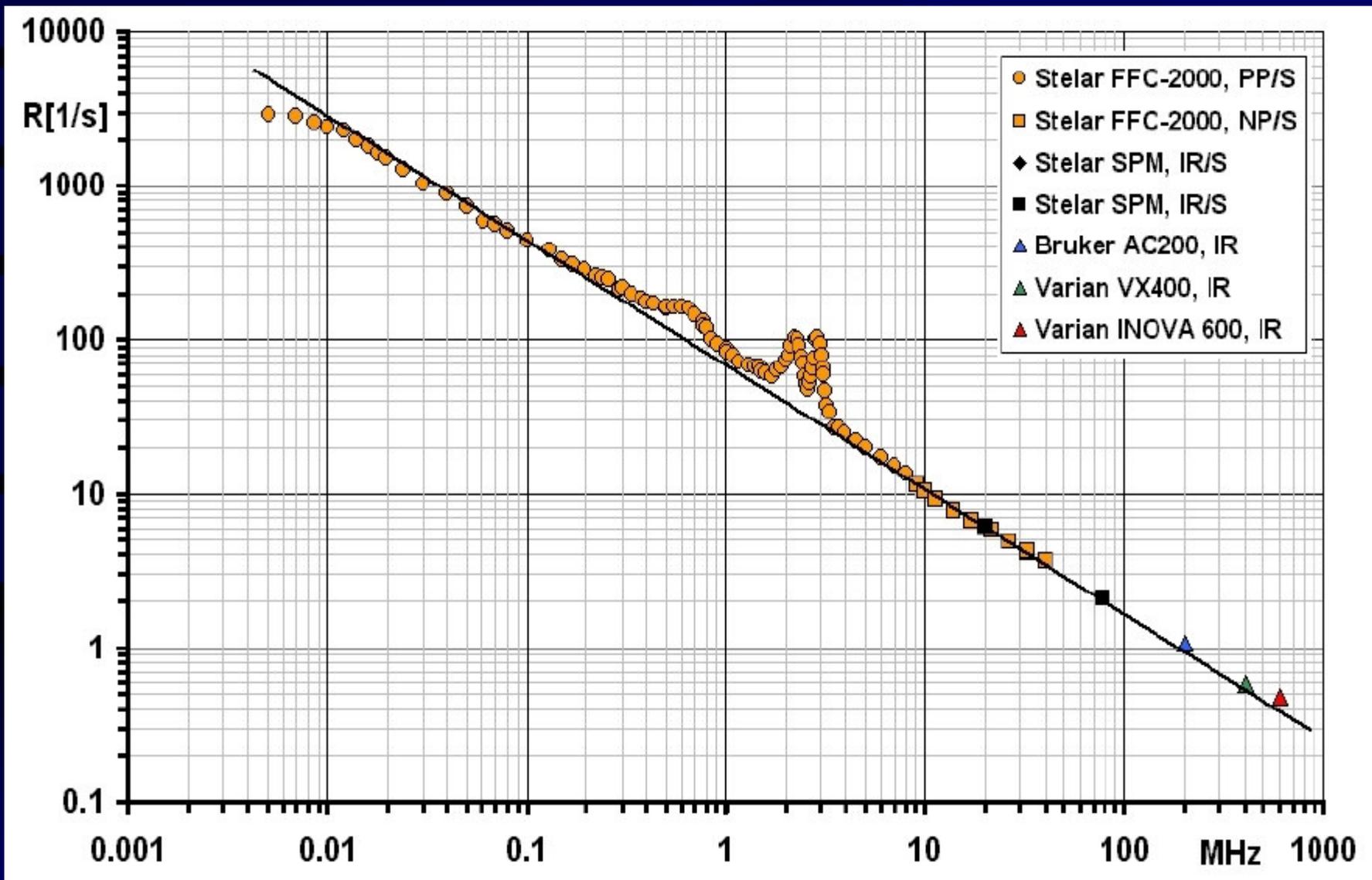
Diamonds:  
Black: Polycarbonate

# NMRD profiles of some nylons

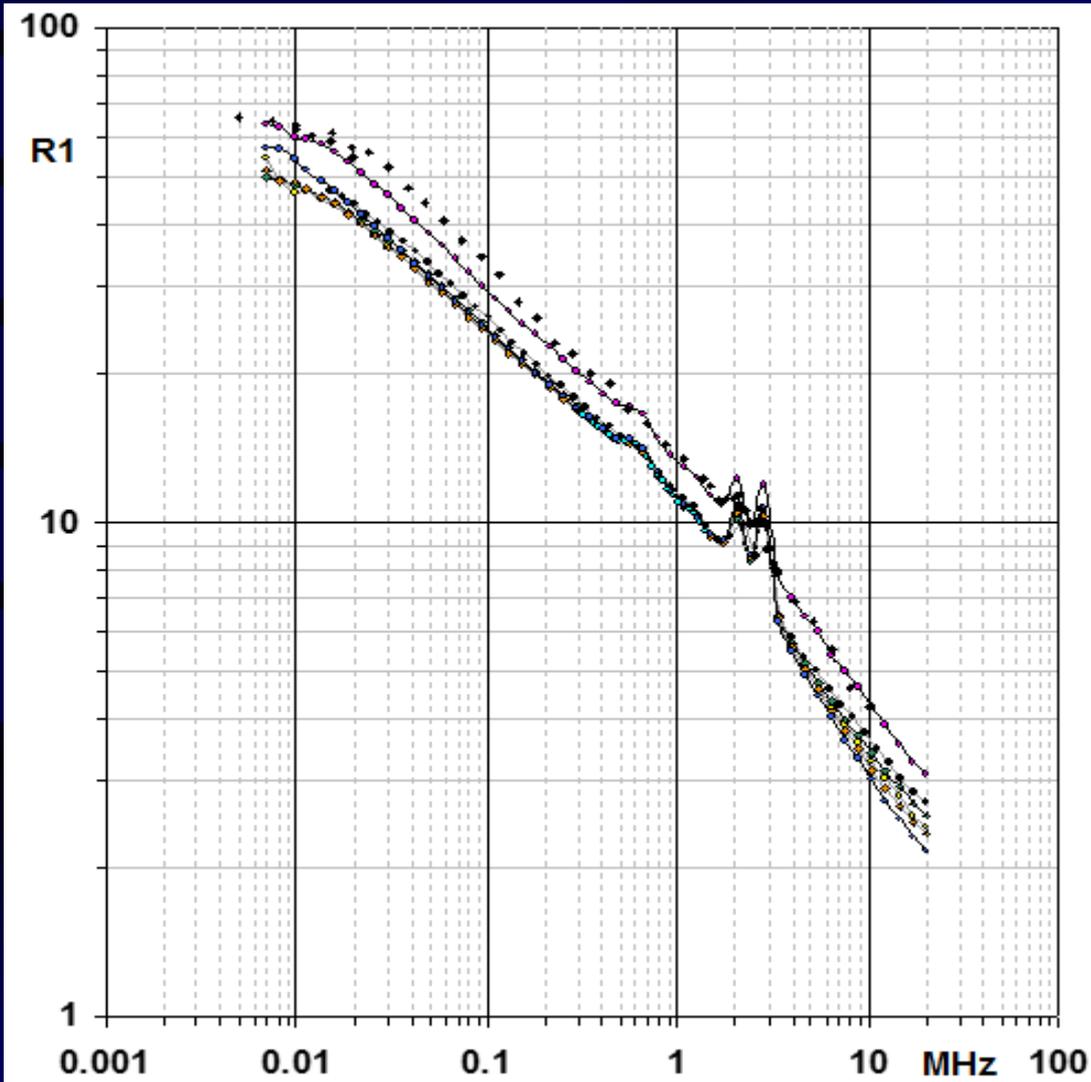


Blue triangles: Nylon 6  
Red squares: Nylon 6-6 Corean  
Brown disks: Nylon 6-6 Rhone-Poulenc  
Green diamonds: Nylon ICI

# NMRD profile of solid BSA



# NMRD profile of a 30% cross-linked BSA solution

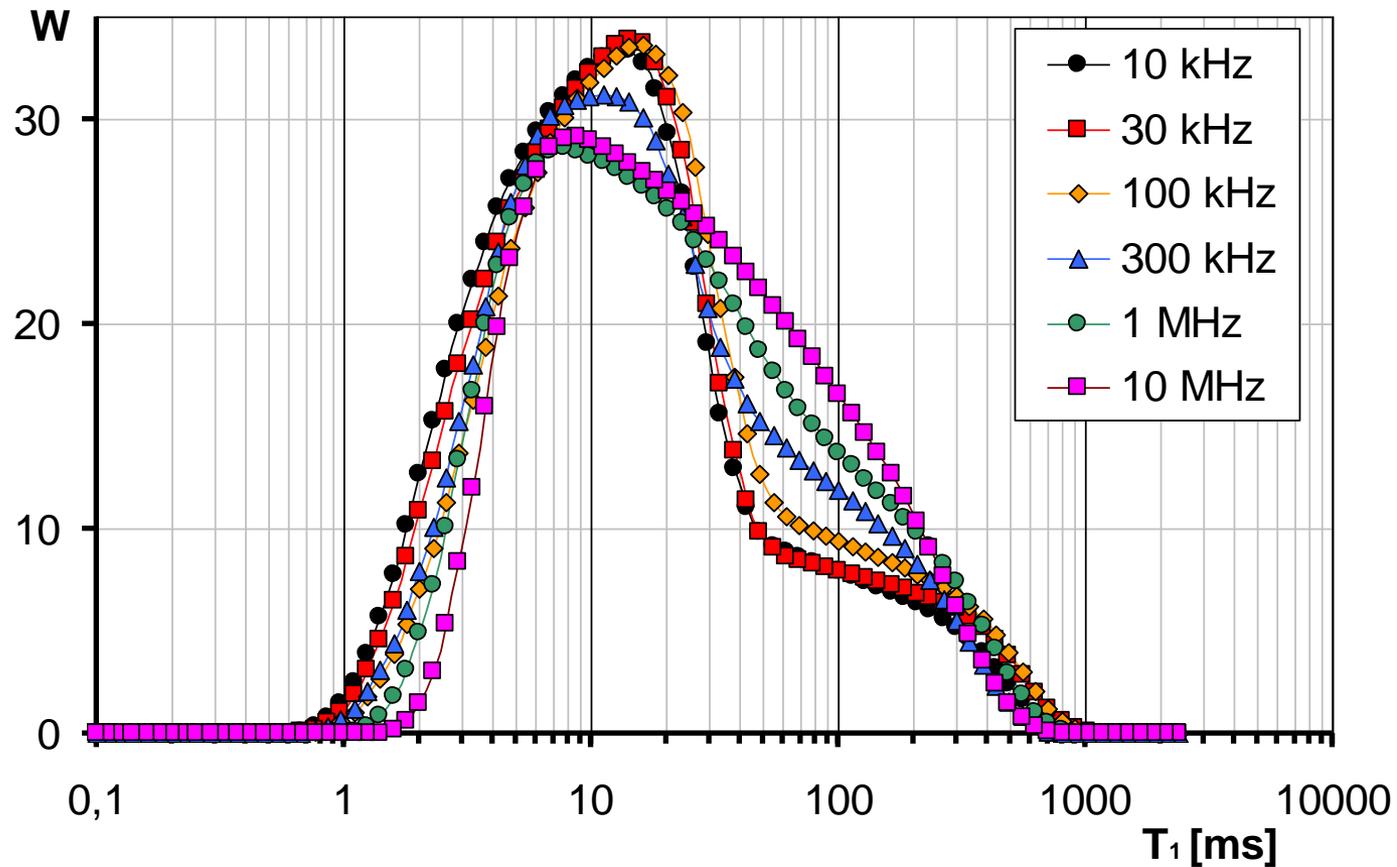


Black dots 20°C  
Green diamonds 25°C  
Yellow dots 30°C  
Orange diamonds 35°C  
Light blue circles 35°C  
Violet dots: denatured, 30°C

Note: The black diamonds show the profile of 35% solution of natural BSA (no cross-linking) in H<sub>2</sub>O, measured at 25°C.

# Water in pietra Serena:

## UPEN $T_1$ distribution curves at different field strengths



# What we did not talk about: the instruments ...



**SPINMASTER - FFC**  
Fast Field Cycling NMR relaxometer

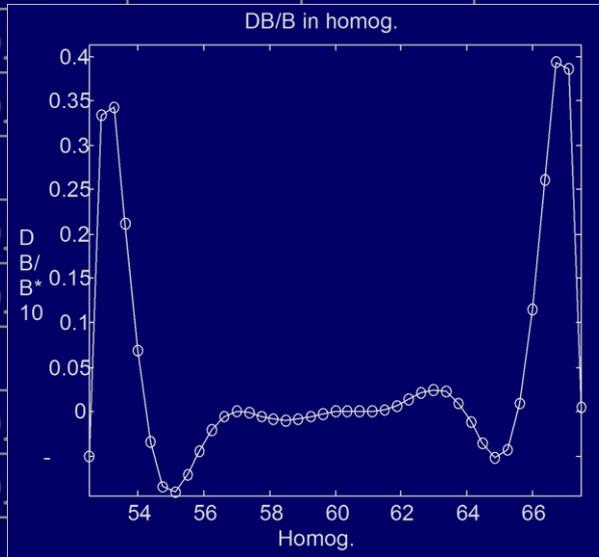
These are old, historic hardware slides (1997).  
for more recent stuff, visit [Stelar Srl](http://www.stelar.it)

# The Magnet ...

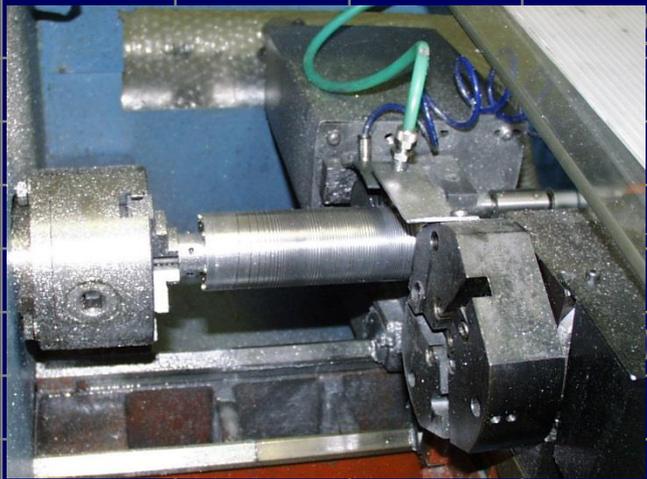


# Magnet cutting

coil	1	2	3	4	5	6	7	8	9	10
layer 1	0.2253	0.2356	0.2129	0.2088	0.2051	0.2030	0.2045	0.2015	0.2013	0.2004
layer 2	0.2042	0.2071	0.2017	0.2088	0.2051	0.2030	0.2007	0.2005	0.2027	0.2035
coil	11	12	13	14	15	16	17	18	19	20
layer 1	0.2033	0.2071	0.2005	0.2019	0.2009	0.2011	0.2028	0.2020	0.2058	0.2033



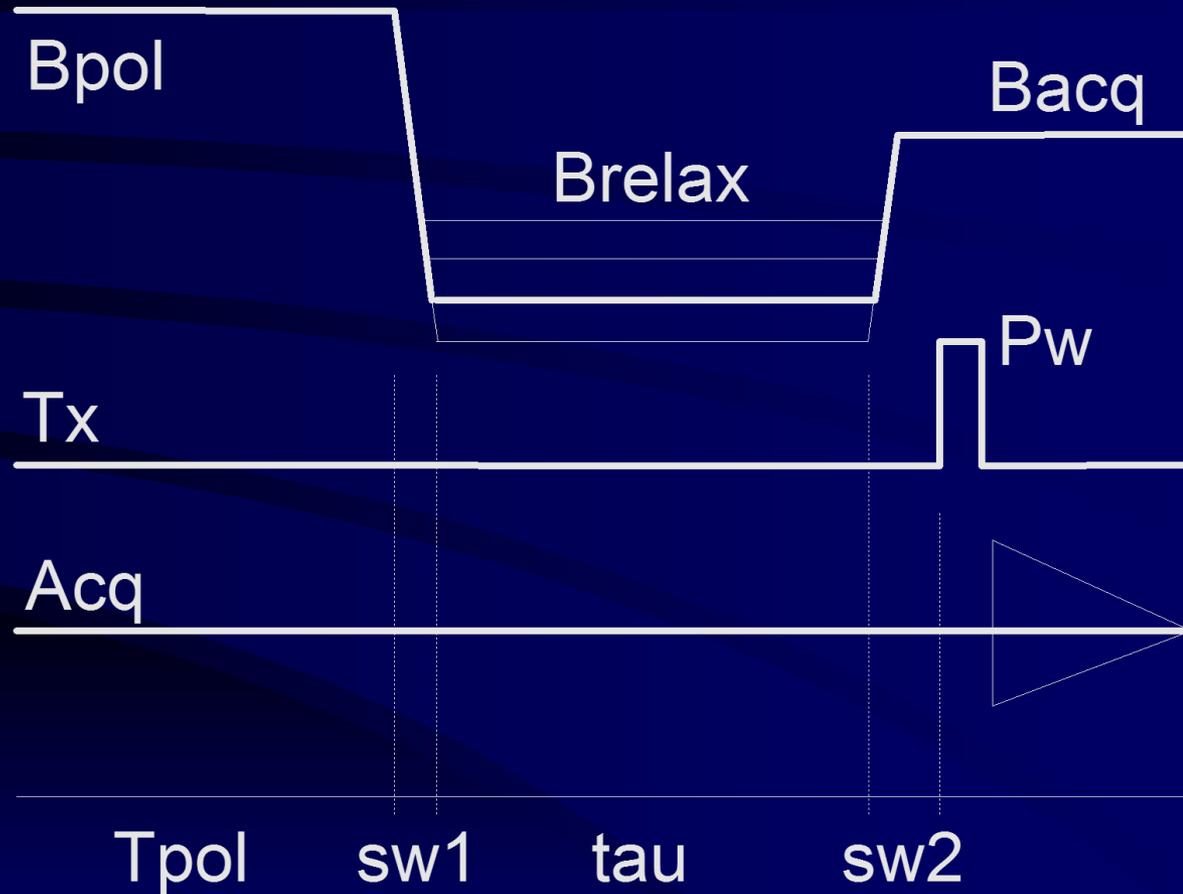
0.2028	0.2020	0.2058	0.2033
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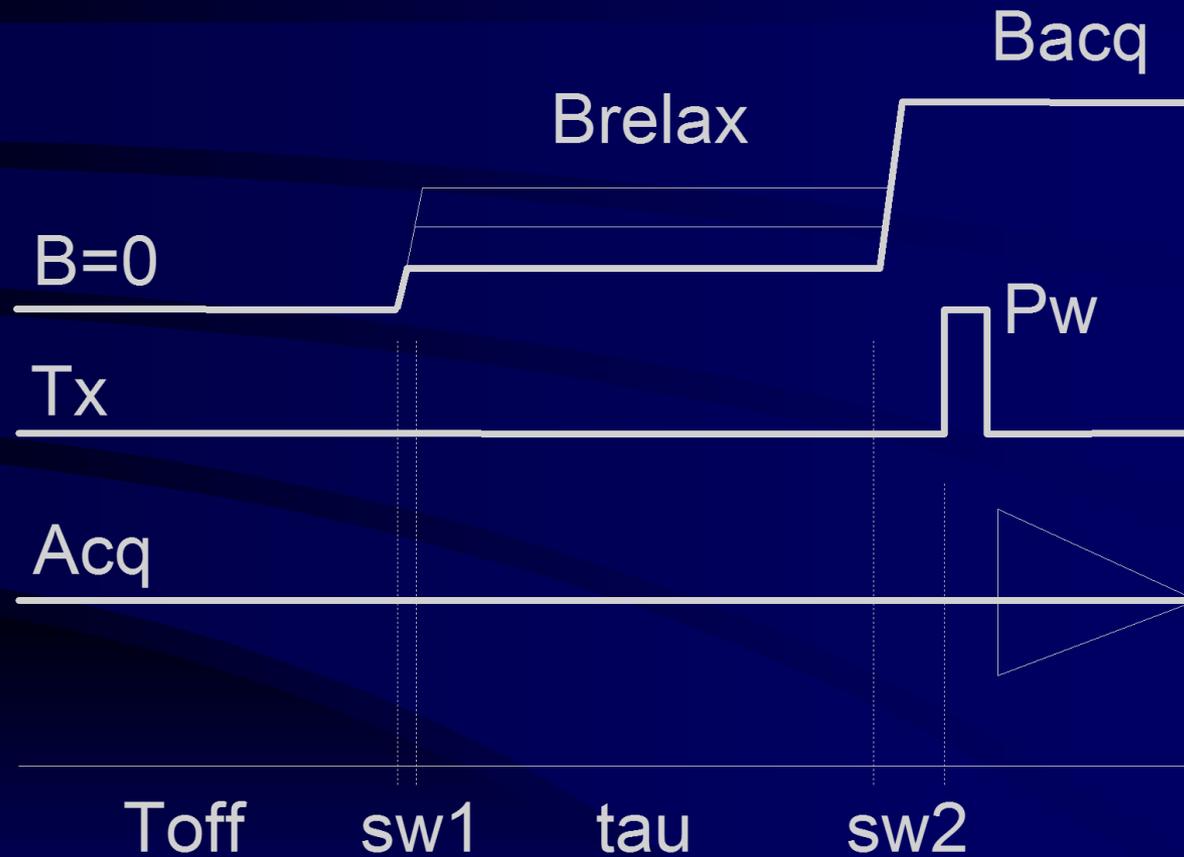
coil	61	62	63	64	65	66
layer 2	0.2003	0.2030	0.2026	0.2016	0.2014	0.2027
coil	71	72	73			
layer 2	0.2085	0.3019	0.2776			

# The sequences ...

## PP: basic Pre-Polarized sequence

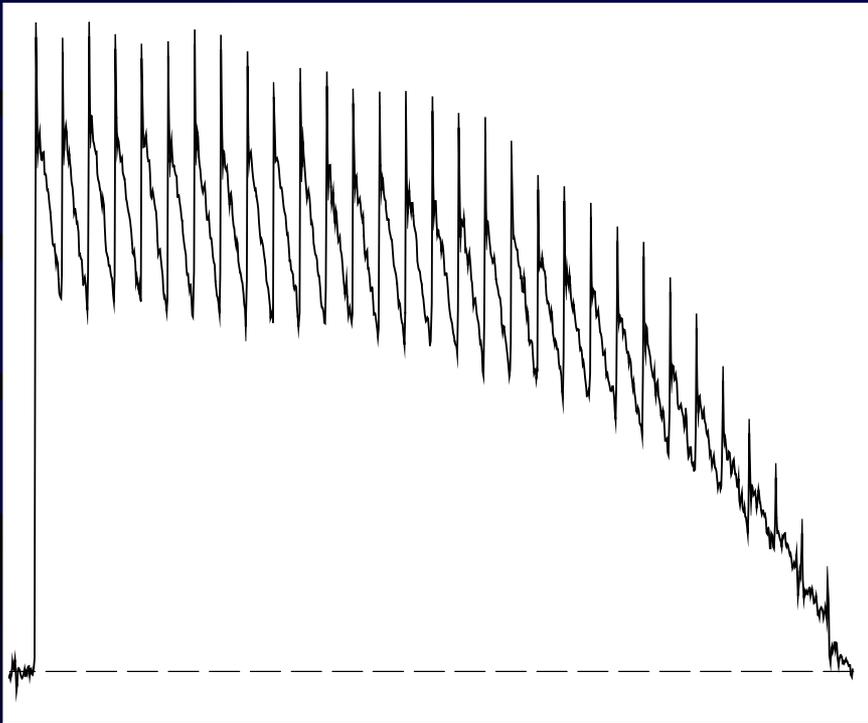


# NP: basic Non-Polarized sequence

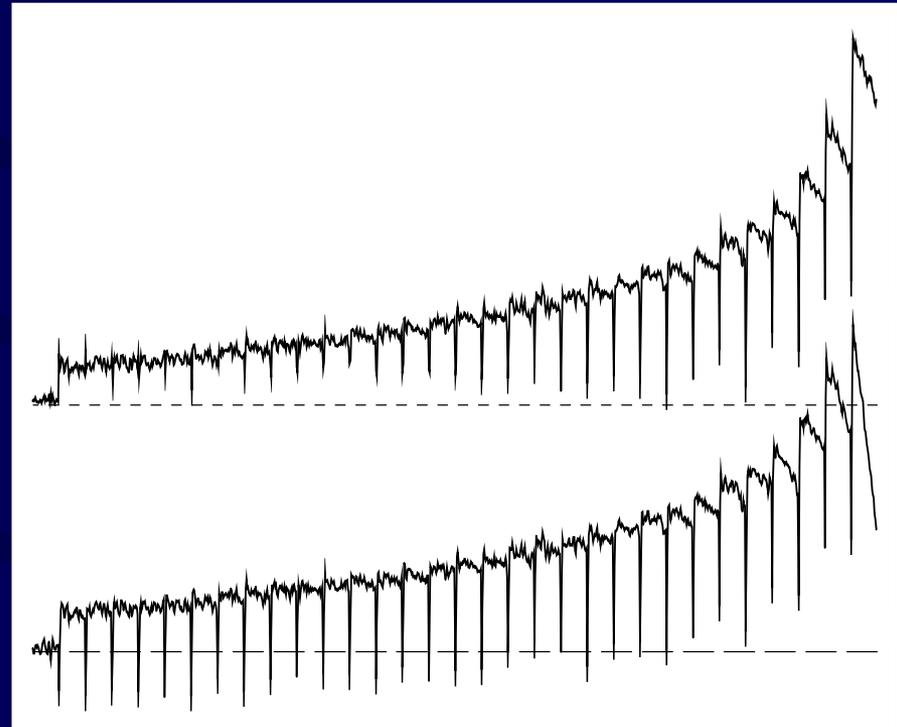


# The way the actual data look ...

NP



PP



Arrayed parameter: tau (decreasing)

... and many, many other things!

But my allocated time is finite  
and therefore

**Thank You** for your **Attention**

All slides will appear online under

DOI [10.3247/SL4Nmr13.008](https://doi.org/10.3247/SL4Nmr13.008)